

Lesson 3 Quiz and Answers

See how many you remember, and let us know how you did on social media
@ksbscotland

1. Can you remember the 3 tips to tackle climate change through food?

- Eat more of the lower carbon foods
- Learn to cook with fresh ingredients
- Reduce food waste

2. Can you remember some sources of emissions from food?

Land use change, ruminant animals, fertiliser, machinery, processing, packing, chilled storage and retail, waste.

3. If you're having a One Planet Picnic, what are you looking forward to?

There is no single right answer for this one! But some possible answers could be: making something to eat, trying a new taste, eating all together or no waste!

