



Active Travel Challenge



Did you know? Since the second lockdown began, car traffic has reduced by more than 30% in the UK. Can we keep this up?

You'll need:

- Determination

Optional:

- A scooter or a bike

Now that we are returning to school and starting the journey back to normal life, are there good habits from this lockdown that we can keep? Such as using more active travel solutions.



Mild: Walk/Cycle/Scoot to school or nursery at least one day a week. Encourage others to do the same. Encourage your class teacher to sign up for WOW (Walk Once a Week). Post photos of you, your friends, your teachers cycling to school at #EcoSchoolsAtHome.



Medium: Medium: Walk/Cycle/Scoot to school or nursery at least three days a week. Encourage others to do the same. Encourage your class teacher to sign up for WOW (Walk Once a Week). Post photos of you, your friends, your teachers cycling to school at #EcoSchoolsAtHome.



Spicy: Walk/Cycle/Scoot to school or nursery at least five days a week. Encourage others to do the same. Encourage your class teacher to sign up for WOW (Walk Once a Week). Post photos of you, your friends, your teachers cycling to school at #EcoSchoolsAtHome.



Extension: Can you take it one step further and encourage your whole school to try and walk, cycle or scoot to school at least one day a week? Post photos of you, your friends, your teachers cycling to school at #EcoSchoolsAtHome. Making posters for your neighbourhood.

If you use this activity let us know! Share your results using #EcoSchoolsAtHome on [Facebook](#), on [Twitter](#) or on [Instagram](#).