



# Sustainable Living Week 2024

## Wardrobe Audit Activity

In our Sustainable Living Week lesson with The Or Foundation we learned about the impact of our discarded clothes and the great work they are doing in Accra. Now let's have a look in our own wardrobes to see what we can find and think about how we can take care of our clothes to make them last.

1. Can you find an item of clothing you have worn more than 10 times?

More than 20 times?

More than 30 times?

More than 50 times?

2. Is there anything you have worn only once? Why?

3. Is there something that has been made for you? Who made it?

4. Can you find something that has been repaired? Who repaired it?

5. Is there an item of clothing passed on to you from someone else?

6. Is there something you have outgrown that you could pass on?

7. What is your favourite item of clothing? What do you like about it?

8. Look at [The OR Foundation's surveys](#) on brands that dominate the waste stream. Can you find any of these in your wardrobe?



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9. Is there an item of clothing in your wardrobe that needs repairs? What does it need? Have a look at [Repair What You Wear](#) for tutorials on how to make basic repairs and have a go!