

## Our inspiring Climate and Nature Friendly Neighbourhood groups shine



Our inspiring online Beautiful Scotland and It's Your Neighbourhood annual seminar took place in early December 2023. Our optional theme was Health and Wellbeing, and groups from our Climate and Nature Friendly Neighbourhood network shared their stories – thank you again to everyone who contributed.

The recordings are now live, and you can enjoy each one by clicking the individual links below. If you have questions for any of the speakers, [drop us an email](#) and we can connect you up:

- [Welcome and overview from our CEO](#)
- [A volunteer assessor's experience](#)
- [Be inspired – It's Your Neighbourhood group FARE Lochend Community Allotment in Easterhouse, Glasgow](#)
- [Be inspired – Beautiful Scotland group Lauder in Bloom's 10 year journey from setting up, to taking part in It's Your Neighbourhood, to winning Best Large Village](#)
- [Health and Wellbeing Showcase – how It's Your Neighbourhood has been a catalyst for community connections Growing Together, Drumchapel, Glasgow](#)
- [Health and Wellbeing Showcase – gardening in a prison Setting, HMP Dumfries](#)
- [Health and Wellbeing Showcase – gardening in a cancer hospital setting, Beatson in Bloom](#)
- [Health and Wellbeing Showcase – children and our planet, East Haven Together](#)
- [Health and Wellbeing Showcase – how our community garden is helping our health and wellbeing, Lochwinnoch Sustainable Community Garden](#)
- [Health and Wellbeing Showcase - find out about the national and on the ground support and resources available for therapeutic gardening, Trellis](#)
- [Call to action – citizen science explained and Keep Scotland Beautiful projects you can get involved in](#)
- [Charity Trustee, Stuart McKill leads a celebration and thank you](#)
- [2023 certificates and awards, plans for 2024](#)