Flapjack Flavour Friends

**Basic recipe**

250g porridge oats  
125g sugar  
125g butter  
1 tablespoon golden syrup  

You can change the flavour to suit you and your friends by adding e.g.

- Dried fruit  
- Chopped nuts  
- Cinnamon  
- Ginger  
- Coconut  

**Method**

- Grease a baking tin.  
- Slowly melt the fat, sugar and golden syrup together. Use a wooden spoon to combine them very carefully to avoid splashes. Melted sugar and fat are very hot.  
- Take off the heat and add the oats into the pan. Mix carefully.  
- Press into the tin.  
- Bake for 10 minutes. Gas 4 (180° C)  
- Score the surface of the flapjack with a knife while warm into portion sizes. This will make it easier to break into portions.