

INTERGENERATIONAL WORKING

By Kate Samuels (Generations Working Together)



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Together

What is intergenerational?

1. Connection between people with at least 20 years apart
2. Often project based, but can be a long community resource
3. Mutually beneficial for both generations
4. Fosters sense of respect and challenges ageism
5. Brings the community together and tackles social issues



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Why do it?

1. New skills
2. Tackling isolation and loneliness
3. Brings community together
4. Improves wellbeing and physical health
5. Improves environment, safety and more



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How to do it?

1. Think about a problem or issue in your community
2. Think about how younger and older people can work together
3. Think about what you can commit to this
4. Research who can help?
5. Join in to Generations Working Together training, events and local meetings



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Raploch Community Partnership



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Generations Working Together

- * [Generations Working Together](#) provides information, delivers support and encourages involvement to benefit all of Scotland's generations, by working, learning, volunteering and living together.

- * **VISION**

That all generations in Scotland will work together to create a better and fairer country for all.

Case studies, events, local networks, news and more on www.generationsworkingtogether.org

Kate – Kate@generationsworkingtogether.org and [@ksgwt](#)



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