



## Recovery Garden Project in Aberdeen working with



In 2015 ADA were approached by Aberdeen City Council who wanted to offer the use of their redundant council nursery poly tunnels to community groups. ADA found willing volunteers to run the project and the Recovery Garden Project started in April 2015. How things have 'grown' since then. We started with half an empty tunnel and now have a full tunnel, part of a 2<sup>nd</sup> one during the summer for our sunflower competition and an outside cold frame. There is however always time for coffee and homemade cake on a Wednesday morning.



## Recovery Garden Project



Birds and Bees in Aberdeen

This years theme of Birds, Bees and Trees was not always easy for us to achieve as only our pet robin ventures into the poly tunnel and the bees don't stay long enough to get their pictures taken so we ask some of our crafty friends to make some to keep our gardeners company.



## Recovery Garden Project

Planting **Trees** with Aberdeen City Council Rangers as part of the Woodland Trust project in March 2017



The trees part was a bit easier as we were invited to assist the city rangers plant new trees on the outskirts of the city in March and then we planted our own special tree in the city centre the same month.



# Recovery Garden Project



With the help and support of the council and Aberdeen Inspired we created a 'Place to reflect on those lost too early through addiction'. It is a planter in the city centre near to our ADA office where anyone can walk past and by admiring the tree and plants remember loved ones. All the plants were chosen for their specific meanings, many to do with renewal, and continued blossoming as well as their ability to attract bees and butterflies a widely recognised symbol of hope. We have more photos of our group and the work we do so please come and find us during the rest of the day to ask us how much gardening means to people in recovery.