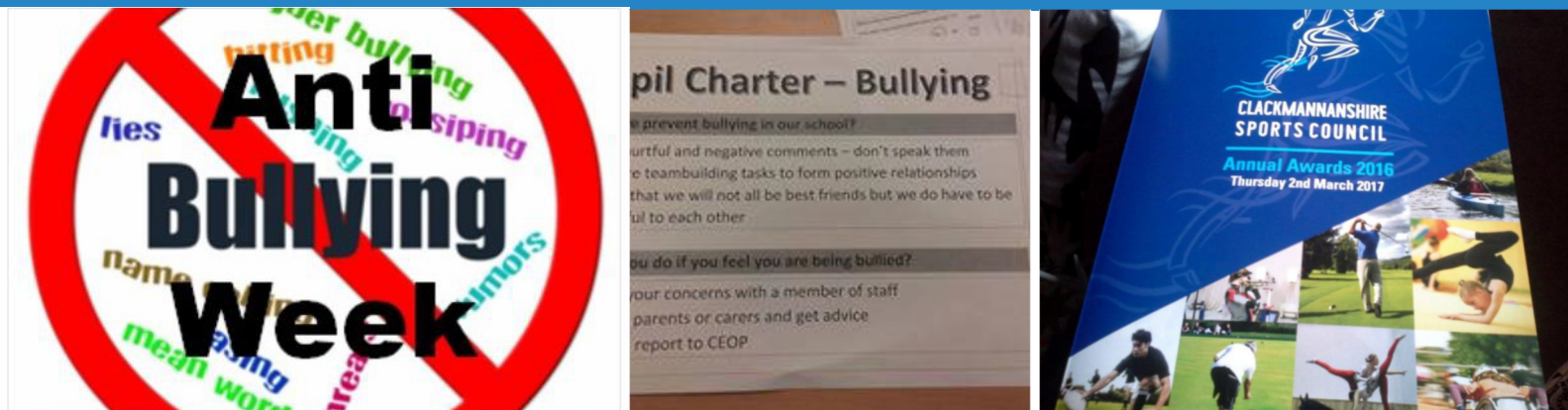


Health and Wellbeing - Clackmannanshire Schools Support



Clackmannanshire's Schools Support Service re-engages pupils in learning and has a curriculum centred around Health and Wellbeing with a wide range of activities planned through pupil voice sessions at assemblies.

Clackmannanshire Schools Support Service is a provision which supports Primary and Secondary aged pupils with a range of additional support needs. The Support Service offers small group education in a supportive and nurturing environment to help young people to face challenges and re-engage in learning. Health and Wellbeing is at the centre of how the school works and it permeates every aspect of the curriculum.

The Eco-Committee at Clackmannanshire Schools Support Service chose to focus on Health and Wellbeing, and Biodiversity as well as Litter.

Through their Action Plan, the Eco-Committee linked to the school curriculum with a whole school Health and Wellbeing topic. An anti-bullying week provided an opportunity to follow a cross curricular interdisciplinary learning for the whole school which originated from pupil voice at assembly and a discussion topic accredited through Asdan. As a follow on from that, pupils requested more teambuilding opportunities which lead to a whole school Health and Wellbeing day.

As part of their Growth Mindset, the CSSS arranged for pupils to take part in the McTuff event at Knockhill, a day of fitness in the outdoors. Regular Health and Wellbeing activities at the CSSS include fishing, cycling and cycle repair, golf, tennis, and creative activities like knitting.

The school also invited Craig Mathieson in to speak to pupils about fitness, and to put pupils through their paces pulling tyres and cars. Pupils had the opportunity to take part in the Sports Development Tri Golf Festival and to try some fitness testing. Sports activities at CSSS led to pupils being nominated at the Clackmannanshire Sports Council Annual Awards.