

Final Project Report Form with Guidance Notes

Name of project, organisation and CCF number
<p>CCF – 3911, Growing Greener, Parent Action for Safe Play, 2a Scarhill Street, Coatbridge, North Lanarkshire, ML5 5BB 01236 426737 https://www.facebook.com/ParentActionForSafePlay?ref=hl</p>
Starting Point
<p>The Growing Greener environmental programme was altered for the third funded year to encompass sustainable transport, cookery lessons and food growing all of which had been ascertained through community consultation.</p> <p>Parent Action for Safe Play work with children and young people aged 0-25 yrs in areas of Coatbridge. Coatbridge, an ex-industrial satellite town of Glasgow, has been ranked within 5-10% of the Scottish Index of Multiple Deprivation. Here issues relate to high unemployment, low income, poor housing plus drug and alcohol abuse with high levels of crime and anti-social behavior.</p> <p>There has been no community led initiatives in North Lanarkshire delivering sustainability and none as inclusive or multi-faceted as the CCF project managed by Parent Action for Safe Play. This undoubtedly makes engagement difficult yet at the same time there are few other places where such a project is more relevant.</p> <p>Growing food within our Community Garden continued with users becoming increasingly confident. Out with the Community Garden schools were able, through the Growing Greener programme, to grow food on their land and moreover 6 families were able to produce food in their gardens after we had rotovated them along with further support.</p> <p>Cycling skills via Bikeability progressed in the schools. Cycling policies had shown that out of the 32 councils North Lanarkshire has the 7th lowest proportion of children cycling to primary school whilst only one offers less on-road training. We were able to train 71 children through Bikeability. 7 people went through Fuel Good Driving training and 11 people received cooking lessons.</p>
Headline achievements
<p>There are now families in the neighbourhood of Kirkshaws who are growing food for themselves for the first time ever.</p> <p>Other people continue their growing using the facilities we have along with the expertise we offer through Toni the Community Gardener.</p> <p>In our cookery lessons we have taught people, largely those through NHS support services, healthy, vegetarian low waste cooking.</p>

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In schools we have done much work planting up rotovated. Myself and Toni were invited to the Green Play ceremony of St Bernard’s primary school. Children passing their Bikeability 1 was a “headline” achievement for me. Training 1 particular child who had never ridden a cycle but had long wanted was particularly inspiring.

The reduction of carbon dioxide and equivalents brought about directly from this project amounted to **3262.2 Kg CO₂e** over the year.

Lifetime Savings
 The legacy from the gardening project adds considerable reductions to this. “As a reasonably conservative estimate it is assumed that the allotment will be used for 10 years” (Food, *A Low Carbon Route Map. Planning and Measuring Emission Savings for Climate Challenge Fund Projects. 2011, version 1.0*).
 In 1 year 250.8m² of land was planted in schools and gardens offsetting 1166.2 Kg CO₂e. Thus the equivalent over 10 years would be 11662 Kg CO₂e.
 2096 Kg Co₂e was offset through Fuel Good Driving. Energy Saving Trust suggests the saving is made for 3 years thus giving a life-time saving of 6288 Kg CO₂e. Therefore there is an assumed life time saving of **17,950 Kg CO₂e**.

Outputs

<p>Output Grid – Please fill in only those outputs which relate to your project. More information about all of these outputs can be provided in other sections of the report – these figures will enable us to collate some overall impacts of the CCF.</p>	
<p>How many advice/information centres – regular drop-in centre, advice surgery etc. - is your project running?</p>	
<p>How many training sessions where skills and/or information were passed on – e.g. composting training, cooking workshops, etc. – has your project held.</p>	<p>Growing/composting (12 workshops. Cycle training (71 children, 8 adults). Cooking-3 blocks (12 lessons, 11 individuals). Fuel Good Driving (7 individuals) Waste-8 sessions. Measuring Social Impact (KSB) 2 individuals. Inputting environmental</p>

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	teachings into the Curriculum for Excellence (TCV) 2 individuals. Woodland Craft (TCV course) 6 individuals trained.
How many events did your project hold, e.g. information fairs, open days, etc.? Do not include events held by other organisations which you have attended.	Events-4 attended by a total of 125 people.
How many staff, volunteers or community members have achieved qualifications through the project – e.g. City & Guilds Energy Awareness, Trail Cycle Leader, etc.	Cycle Trainer Assistant (3 teachers and 1 community member trained).
How many people were directly employed by your project. Tell us the full-time equivalent (FTE) number of employees (e.g. 3 days per week = 0.6 FTE).	1 Full time manager 1 part-time (28hr) gardener 1 part-time (25.5hr) maintenance = 2.4 FTE
Is the project supporting the development of any long-term jobs which are not dependent of CCF Funding? How many?	1 maintenance worker on a 6 month government scheme contract
How many people are actively involved in your project – attending groups & workshops, using the project facilities etc.?	681 + 635 children in schools listened to presentations. 420 max on a Facebook page.
How many people volunteer their time and energy to keeping the project going – don't forget the members of your management committee or board.	10 volunteers and board members. 9 from Restorative Justice.
How many schools are involved in your project?	6
How many community-owned buildings have been refurbished?	1 potting shed
How many Home Energy Checks or similar energy efficiency reports have been carried out by your project?	n/a
How many households have been referred on to other agencies or providers (e.g. HES, Green Deal assessor) for further action?	n/a
How many households installed energy efficiency measures – loft, wall or floor insulation, draft-proofing, double glazing etc. – as a result of your project?	n/a
How many households installed green energy generation measures – photovoltaic panels, solar thermal panels, air or ground source heat pumps, wood fuelled heating systems etc – as a result of your project?	n/a
How many miles of car journeys have been reduced	72 children obtained Bikeability 1

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through the activities of your project?	certification
How many square metres (m²) of community growing space (allotments, poly-tunnels, raised beds, community gardens) has your project brought into use	250.8 m ²
How many tonnes of waste have been diverted from landfill because of the activities of your project?	n/a

Outcomes
CO2e OUTCOMES
<p>Food in Schools and Private Gardens Actual outcomes per year: 1166.2 Kg CO2e</p>
<p>Fuel Good Driving Actual outcomes per year: 2096 Kg CO2e</p>
COMMUNITY OUTCOMES
<p>Food Growing: 6 plots were grown in private gardens and 4 larger school plots were rotovated and planted with food. Toni continued to work at these schools and 2 others in growing small areas and individual plants- instructing children in the growing process.</p>
<p>Cookery Lessons: Not as many attended as signed up for the lessons. No definable savings recorded as all participants had mental health issues and either lived in supported housing or else were unable to adopt the required monitoring for changes in wasted food that was required.</p>
<p>Bikeability: This was very disappointing. Firstly getting teachers trained was very difficult- the best model being to train the teachers who would then continue the process after this project. The few that did get trained did not help and the Cycling Scotland at the beginning of 2016 wanted all Trainers to re-train for the one day course. N Lanarkshire council were unwilling to pay me to undertake that one day course due to my limited funding. Problems ensued whereby I was unable to teach Bikeability 2 thus putting a barrier to any Bikeability 2 road training which the entire CO2e reduction calculations rely on. I am therefore unable to redeem any robust or meaningful calculations from this facet of the programme. A huge teething frustration.</p>

Fuel Good Driving:

1 group of people went through this course including myself. No matter how much I advertised no one else in the community seemed interested. I then went to business and got the same non-replies other from 2 who did the training in-house. Having undertaken it myself, I felt, like the others, that many of the techniques taught were impractical or even dangerous

Public Events:

4 open “events” were held over the year. These ranged from advice about gardening, pruning, propagation, soap & handcreme making and cooking with the produce from the Community Garden.

We also organised cycling at the events- increasing skills and learning about maintenance.

Learning & Reflection

Barriers- getting more people from the community involved without doubt was the hardest part of the entire programme. The weather too was horrendous during the entire funded year other than September 2015 and March 2016- hardly the growing periods. The cycling programme too was fraught with difficulties inbetween getting trained teachers to help or else the council to better support myself and / or the programme.

The gardening, given the awful weather, went well. Toni continued to work in private gardens and schools- actively teaching the growing process with the participants.

Finance & Administration

Finances

Finances were administered by our Finance Officer with decisions made by the Parent Action for Safe Play board and staff whilst using the CCF application and plan as a guide. Some monies were re-profiled to give further allowances to other commodities.

CCF Support

We found 1 session useful and very enjoyable. This was about measuring social impact. It was an interesting introduction to the subject.

Supporting information

Attached are a sample of photographs along with leaflets and presentations.

Methodology

Promotion- 3 years into the Growing Greener programme continued through leaflets, word-of-mouth, newspaper, facebook, emails and signage- in no hierarchical order.

For gardening we rotovated areas in 3 schools (Kirkshaws, Shawhead and St Monicas) and planted raised beds in 1 other (St Mary's) amounting to 172.8m². We rotovated 6 private gardens amounting to 78m². Toni continued supporting these areas including St Bernard's where small aread were planted and individual pots for the Eco Schools programme and in St Augustine's schools worked at an Open Day there. I know that had we had better weather more individuals would have signed up for this.

We publicised Fuel Good driving and were only able to convey one group of 7 through the training. Business too, for individual drivers, were approached but they too were uninterested or else operated the service in-house.

Bikeability started very promisingly but I was unable to get teachers involved and then new cycling Scotland requirements for further training was not supported by the council.

Name of report authors and date it was finalised:

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