

Menu: Food - Local Connections - Ingredients



Level: P4-S3



Time: 30 minutes

This activity builds on what pupils learned in the One Planet Picnic workshop. By designing a creative menu, pupils will explore the connections between food, heritage and the environment of their area. They will consider where food comes from, how it is connected to their hometown, and how sustainable food choices can be made. Each pupil will contribute to the menu, demonstrating how food, heritage and the environment are interconnected.



Use arrows to make
connections

Food	Local Connections	Ingredient	Ingredient	Ingredient
 pizza	 landscape	 potato	 honey	 milk
 cake	 nature	 oats	 fish	 strawberry
 Potato	 animals	 cabbage	 seaweed	 pear
 Sandwich	 sea	 carrot	 eggs	 flowers
 soup	 wind	 onion	 cheese	 bread
 salad	 local food	 mushroom	 butter	 salt
 porridge	 local heritage	 berries	 apple	 pepper

Food

Local Connections

Ingredient

Ingredient

Ingredient

Think like a chef



Use the blank
boxes to make
your food choices