

Lights out Friday

As one of their energy actions for the Climate Action topic, Christie Park ELCC decided not to use lights or ICT on a Friday. Initially, the children were very unsure about this idea but after a while they started to enjoy making dens and using chalkboards and white boards to draw pictures. As well as reducing energy, children were given the opportunity to use their imagination and creativity in their play and benefited from the more relaxed environment.

“We made some dens and turned out the lights and enjoyed being in the nursery with natural light from outside. The children used their creativity skills and problem solving skills which displayed highly engaged children who were very proud of the dens they created. This also created a very calming and relaxed environment due to the lights being dimmed which we will transfer into our daily practice”

