

Flapjack Flavour Friends

Basic recipe

250g porridge oats
125g sugar
125g butter
1 tablespoon golden syrup

You can change the flavour to suit you and your friends by adding e.g.

- Dried fruit
- Chopped nuts
- Cinnamon
- Ginger
- Coconut

Method

- Grease a baking tin.
- Slowly melt the fat, sugar and golden syrup together. Use a wooden spoon to combine them very carefully to avoid splashes. Melted sugar and fat are very hot.
- Take off the heat and add the oats into the pan. Mix carefully.
- Press into the tin.
- Bake for 10 minutes. Gas 4 (180° C)
- Score the surface of the flapjack with a knife while warm into portion sizes. This will make it easier to break into portions.

